



# Gluten Free Menu

## Appetizers

-  **Burrata** *(Ordered without bread)*  
Made the traditional Italian way - homemade mozzarella stuffed with creamy mozzarella curd...14.99 *Add Prosciutto Di Parma...only \$7*
-  **Spicy Mussels** *(Ordered without Knots)*  
One pound of mussels sautéed in a spicy white wine garlic cream broth with red onion and topped with pecorino romano cheese and basil...16.99
-  **Bello Portobello** *(Ordered without bread)*  
A giant mushroom baked under alfredo & mozzarella, topped with sweet red peppers *Add Prosciutto Di Parma...only \$7*
-  **Prosciutto di Parma** *(Ordered without bread)*  
A plate of thin sliced prosciutto topped with pecorino romano cheese & fresh basil...12.99
-  **Chicken Wings**  
Eight baked wings and drumettes topped with your favorite sauce: *Garlic Parmesan, BBQ, Spicy Buffalo or Extra Hot...*13.99
-  **Perfect Shrimp** *(Ordered without Knots)*  
Two dozen medium sized, tail-on, grilled shrimp served skewered beside fresh tomatoes & cucumbers with a side of spicy ranch...16.99
-  **Fresh Buffalo Mozzarella**   
8 Mini Buffalo mozzarella balls, heirloom tomato from Italy served with balsamic reduction & topped with fresh basil. Simple & delicious..11.99
-  **Gluten Free Garlic Bread**  
Classic...8.99 w/ Mozzarella...9.99 w/Mozzarella & Pepperoni...10.99

## Salads

**Grilled Shrimp \$8, Grilled Chicken \$4**

Dressings: **Homemade Balsamic Vinaigrette, Homemade Greek**

-  **House Salad** *(Ordered without croutons)*  
Fresh romaine lettuce with tomatoes, red onions, carrots, cucumbers & mozzarella ...11.99 Side House Salad...5.99
-  **Verde Salad**  
Organic mixed greens tossed with our balsamic vinaigrette & topped with candied walnuts, mandarin oranges, dried cranberries & fresh homemade mozzarella...13.99
-  **Greek Salad**  
Romaine lettuce, spinach, tomatoes, red onions, carrots, cucumbers, feta, pepperoncini peppers, black & green olives. Served with a side of our homemade Greek dressing...13.99
-  **Insalata Caprese** *(Ordered without bread)*  
Our homemade mozzarella & roma tomatoes sliced together & topped with basil & pecorino romano...14.99 *Add Prosciutto Di Parma...only \$7*
-  **Buffalo mozzarella Salad**  
Fresh Buffalo Mozzarella Imported From Italy. 8 Mini balls served on a bed of organic mixed greens, heirloom tomatoes from Italy, topped with pecorino romano cheese. Served with homemade balsamic dressing.. \$15.99

## Heros (Toasted Subs)

### **Gluten Free Eggplant Hero**

Eggplant Parm, marinara & mozzarella.  
Served with chips...16.99

### **Gluten Free Sausage Hero**

Sausage, green peppers, onions, marinara & mozzarella. Served with chips..15.99

### **Gluten Free Chicken Hero**

Chicken Parm, marinara & mozzarella.  
Served with chips...16.99

A 20% Service Charge is Added to All Parties of 8 or More • All Substitutions Subject to Charge • Please Inform Your Server of all Allergies

# Build Your Own Pizza or Calzone



**New! Gluten Free  
Cauliflower Crust  
Pizza 10"....13.99**

**Gluten Free Pizza 10½"....13.99**  
**Gluten Free 3 Cheese Calzone...15.99**  
*Traditional Topping 1.00 each Specialty Topping 1.25 each*

## Traditional Toppings

### Meats

Pepperoni

Basil (fresh)  
Garlic (fresh)  
Black Olives  
Cilantro (fresh)  
Jalapeños (fresh)  
Green Pepper (fresh)

### Veggies

Red Onions (fresh)  
Mushrooms (fresh)  
Tomatoes (fresh)  
Spinach (fresh)  
Pineapple

## Specialty Toppings

### Meats

Italian Sausage (sliced)  
Grilled Chicken  
Real Bacon  
Anchovies  
Ham

**deluxe**  
Prosciutto \$2  
Eggplant \$2

### Veggies

Pesto  
Capers  
Broccoli  
Green Olives  
Peppadew Peppers  
Sun-Dried Tomatoes  
Roasted Red Peppers  
Artichoke Hearts (Marinated)

### Cheeses

Veggie (vegan friendly)  
Extra Cheese  
Ricotta  
Feta

*See full menu for  
our selection  
of specialty pizzas.*

*Only toppings  
containing gluten:  
meatball*

# Pastas & Baked Dishes

*Add a Side of Gluten Free Bread...\$3.00*

*Add a Side Salad...\$2.99*

*(Ordered without croutons)*

-  **Gluten Free Meat Lasagna** *(No knots served w/G.F. Dinners)*  
Our classic lasagna made with beef (no pork)...22.99
-  **Gluten Free Veggie Lasagna**  
Lasagna made with spinach, mushrooms, garlic, tomatoes, onions & green peppers...21.99
-  **Eggplant Rollatini**  
Lightly breaded in gluten free flour eggplant stuffed with ricotta and topped with marinara. ....18.99 (no knots no spaghetti)
-  **Eggplant Parmigiana**  
Homemade eggplant parm topped with marinara, mozzarella & pecorino romano. ....18.99 (no knots no spaghetti)
-  **Fusilli Protein Pasta**  
High protein, gluten free, paelo, keto friendly pasta. Only 260 calories and 30 grams of protein. Served with marinara & pecorino romano ...18.99

-  **Zucchini "Spaghetti"**  
*Shrimp...\$8, Chicken...\$4 or Sausage...\$3.5*  
Fresh raw zucchini cut into spaghetti shaped pasta. Served with marinara & pecorino romano cheese...13.99 Served lightly cooked in extra virgin olive oil and garlic...14.99 Served tossed with pesto or alfredo...16.99
-  **Sweet Potato "Spaghetti"**  
*Shrimp...\$8, Chicken...\$4 or Sausage...\$3.5*  
Fresh raw sweet potato cut into spaghetti shaped pasta. Served with marinara & pecorino romano cheese...13.99 Served lightly cooked in extra virgin olive oil and garlic...14.99 Served tossed with pesto or alfredo...16.99
-  **Chicken Parmigiana**  
Homemade chicken parm baked with marinara & mozzarella. 19.99 (no knots no spaghetti)

**Please note we take gluten sensitivity very seriously and practice policies that reduce the risk of cross contamination. However, all gluten-free meals are prepared in a kitchen shared closely with gluten and cross contact can occur.**