



# Gluten Free Menu



## APPETIZERS

-  **BURRATA** (ORDERED WITHOUT BREAD)  
Made the traditional Italian way - homemade mozzarella stuffed with creamy mozzarella curd...14.99 *Add Prosciutto Di Parma...only \$7*
-  **SPICY MUSSELS** (ORDERED WITHOUT KNOTS)  
One pound of mussels sautéed in a spicy white wine garlic cream broth with red onion...16.99
-  **BELLO PORTOBELLO** (ORDERED WITHOUT BREAD)  
A giant mushroom baked under alfredo & mozzarella, topped with sweet red peppers & fresh basil...12.99 *Add Prosciutto Di Parma...only \$7*
-  **PROSCIUTTO DI PARMA** (ORDERED WITHOUT BREAD)  
A plate of thin sliced prosciutto topped with pecorino romano cheese & fresh basil...12.99
-  **CHICKEN WINGS**  
Eight baked wings and drumettes topped with your favorite sauce: *Garlic Parmesan, BBQ, Spicy Buffalo or Extra Hot*...12.99
-  **PERFECT SHRIMP** (ORDERED WITHOUT KNOTS)  
Two dozen medium sized, tail-on, grilled shrimp served skewered beside fresh tomatoes & cucumbers with a side of spicy ranch...16.99
-  **FRESH BUFFALO MOZZARELLA**   
8 Mini Buffalo mozzarella balls, heirloom tomato from Italy served w/ balsamic reduction & topped w/ fresh basil. Pretty simple & delicious..11.99
-  **GLUTEN FREE GARLIC BREAD**  
Classic...7.99    w/ Mozzarella...8.99    w/Mozzarella & Pepperoni...9.49

## SALADS

**GRILLED SHRIMP \$8, GRILLED CHICKEN \$4**

Dressings: *Homemade Balsamic Vinaigrette, Homemade Greek*

-  **HOUSE SALAD** (ORDERED WITHOUT CROUTONS)  
Fresh romaine lettuce with tomatoes, red onions, carrots, cucumbers & mozzarella ...11.99    Side House Salad...5.99
-  **VERDE SALAD**  
Organic mixed greens tossed with our balsamic vinaigrette & topped with candied walnuts, mandarin oranges, dried cranberries & fresh homemade mozzarella...13.99
-  **GREEK SALAD**  
Romaine lettuce, spinach, tomatoes, red onions, carrots, cucumbers, feta, pepperoncini peppers, black & green olives. Served with a side of our homemade Greek dressing...13.99
-  **INSALATA CAPRESE** (ORDERED WITHOUT BREAD)  
Our homemade mozzarella & roma tomatoes sliced together & topped with basil & pecorino romano...14.99 *Add Prosciutto Di Parma...only \$7*
-  **BUFFALO MOZZERELLA SALAD**  
Fresh Buffalo Mozzarella Imported From Italy. 8 Mini balls served on a bed of organic mixed greens, heirloom tomatoes from Italy, peppadew peppers, pecorino romano cheese served w/ homemade balsamic dressing.. \$15.99

## HEROS (TOASTED SUBS)

### GLUTEN FREE EGGPLANT HERO

Eggplant Parm, marinara & mozzarella.  
Served with chips...16.99

### GLUTEN FREE SAUSAGE HERO

Sausage, green peppers, onions, marinara & mozzarella. Served with chips..15.99

### GLUTEN FREE CHICKEN HERO

Chicken Parm, marinara & mozzarella.  
Served with chips...16.99

A 20% Service Charge is Added to All Parties of 8 or More • All Substitutions Subject to Charge • Please Inform Your Server of all Allergies

# BUILD YOUR OWN PIZZA OR CALZONE



**NEW! GLUTEN FREE  
CAULIFLOWER CRUST  
PIZZA 10" ...12.99**

**GLUTEN FREE PIZZA 10½" ...12.99**  
**GLUTEN FREE 3 CHEESE CALZONE...14.99**  
*TRADITIONAL TOPPING 1.00 EACH SPECIALTY TOPPING 1.25 EACH*

## TRADITIONAL TOPPINGS

### MEATS

Pepperoni  
 Basil (fresh)  
 Garlic (fresh)  
 Black Olives  
 Cilantro (fresh)  
 Jalapeños (fresh)  
 Green Pepper (fresh)

### VEGGIES

Red Onions (fresh)  
 Mushrooms (fresh)  
 Tomatoes (fresh)  
 Spinach (fresh)  
 Pineapple

## SPECIALTY TOPPINGS

### MEATS

Italian Sausage (sliced)  
 Grilled Chicken  
 Real Bacon  
 Anchovies  
 Ham

### DELUXE

Prosciutto \$2  
 Eggplant \$2

### VEGGIES

Pesto  
 Capers  
 Broccoli  
 Green Olives  
 Peppadew Peppers  
 Sun-Dried Tomatoes  
 Roasted Red Peppers  
 Artichoke Hearts (Marinated)

### CHEESES

Veggie (vegan friendly)  
 Extra Cheese  
 Ricotta  
 Feta

*See full menu for  
our selection  
of specialty pizzas.*

*Only toppings  
containing gluten:  
meatball*

# PASTAS & BAKED DISHES

*Add a Side of Gluten Free Bread...\$3.00*

*Add a Side Salad...\$2.99 (ORDERED WITHOUT CROUTONS)*

**GLUTEN FREE MEAT LASAGNA** (NO KNOTS SERVED W/G.F. DINNERS)  
 Our classic lasagna made with beef (no pork)...21.99

**GLUTEN FREE VEGGIE LASAGNA**  
 Lasagna made with spinach, mushrooms, garlic, tomatoes, onions & green peppers...20.99

**EGGPLANT ROLLATINI**  
 Lightly breaded in gluten free flour eggplant stuffed with ricotta and topped with marinara. ...18.99 (no knots no spaghetti)

**EGGPLANT PARMIGIANA 5**  
 Homemade eggplant parm topped with marinara, mozzarella & pecorino romano. ...18.99 (no knots no spaghetti)

**ZUCCHINI "SPAGHETTI"**  
*Shrimp...\$8, Chicken...\$4 or Sausage...\$3.5*

Fresh raw zucchini cut into spaghetti shaped pasta. Served with marinara & pecorino romano cheese...13.99 Served lightly cooked in extra virgin olive oil and garlic...14.99 Served tossed with pesto or alfredo...16.99

**SWEET POTATO "SPAGHETTI"**  
*Shrimp...\$8, Chicken...\$4 or Sausage...\$3.5*

Fresh raw sweet potato cut into spaghetti shaped pasta. Served with marinara & pecorino romano cheese...13.99 Served lightly cooked in extra virgin olive oil and garlic...14.99 Served tossed with pesto or alfredo...16.99

**CHICKEN PARMIGIANA**  
 Homemade chicken parm baked with marinara & mozzarella. 19.99 (no knots no spaghetti)

**Please note we take gluten sensitivity very seriously and practice policies that reduce the risk of cross contamination. However, all gluten-free meals are prepared in a kitchen shared closely with gluten and cross contact can occur.**